



## **Basic Safari Packing List**

Life in the bush is about comfort, layering and blending in to the natural world. We love that our lodge is informal, so no pressure to dress up unless you want to! To get the best out of your experience here in the bush we recommend layering up as the temperatures change from early morning – chilly – to the day time- sunny and dry – to the evening -a little cooler by the fire!

We live at high altitude here and the UV is also very strong on the equator, so sunburn/sunstroke is a risk for those who lay out too long in the sun. We recommend wearing hats and sunscreen through the day especially when the sun is at its strongest between 11 and 3pm.

In our rooms and bathrooms we provide natural plant-based paraben-free soaps, hand washing powder of your personal items, shampoo and conditioner so no need to pack this if you are happy to use ours. We also provide bathrobes for extra warmth and hand-spun blankets too.

In our shop, guests can buy paraben free soaps, shampoo/conditioner, eco-toothpaste tablets and wooden tooth brushes, natural body moisturisers/lip balms and other small additional items if needed too.

## **Clothes**

Wearing bush colours undeniably improves your wildlife experience and bush colours also keep you cool in the heat: we recommend clothing in greys, greens, khakis, beige, no black/white or bright colours like red or pink!

### **Bush Clothing List**

T shirts with sleeves

Shorts for daytime

Skirt/Dress for hot weather

Shawl for layering

Fleece for early mornings or later evenings

Pyjamas

Long trousers for evenings

Long sleeved shirt for sun protection on long walks or horse rides

Socks for walking

Walking shoes – no need for heavy hiking boots here, just thick soled walking sneakers/trainers are perfect

Sandles – (flip flops not recommended here because of the thorns)

\*Thin rain coat with a hood if visiting in the green season months just in casewe get a small shower



### Personal items

Swim suits for the pool – for kids we recommend UV tops to prevent sunburn

### Essential Accessories

Binoculars – this improves your safari experience exponentially

Camera with charger with UK standard plug adapter

Water Bottle

Hat for sun

Sunglasses with UV protection

Journal/notebook and pen

### Medical Kit

Sunscreen UV 50

Lip balm with UV

Rehydration sachets/Electrolytes

Insect repellent

Anti-histamine tablets for adults/kids – for stings/allergies

Antiseptic wipes and cream

Anti-itch cream

Ibuprofen/Paracetamol

Rennies/Tums

Anti-malarials if visiting areas where malaria is prevalent (low altitude)

Blister kits/Plasters

Hand sanitiser

Wipes

### Books:

As luggage needs to remain light for those on internal flights (15kg limits apply), we make sure that our lodge has all the guide books and reference books needed on site, guests are welcome to borrow during their stay. These include Kingdon's Mammals of East Africa, Zimmerman's Birds of Kenya, Fanshawe and Stevenson's Birds of East Africa and Dr Dino Martin's pocket guides on Insects, Butterflies and Anne Powys guide on Flowers. We also have several Lavinia Grant books including the illustrated botanical book 'Some Trees and Shrubs of Laikipia' for the guests to enjoy. The Lodge has its very own illustrated Mammal and Bird guide too, these are available for sale in our shop.

### Recommended Apps for Naturalists who travel:

**Birds of East Africa** – (Text and images copyright Fanshawe and Stevenson)  
purchase

**I Naturalist** – free

**Cornell E Bird** - free